

SUPPORTING CHILDREN'S EMOTIONAL WELL BEING



Supporting your Child's Anxiety

FREE workshop

Learn how to identify and support your child's anxiety and emotional health.

Gain ideas on how to develop your child's resilience and self-esteem.



Tuesday 24th January 2023, 9.30am-12.30pm
Ashby Community Hub

To book your place, please visit our web site <https://northlincsadulteducation.co.uk/courses/>



**North
Lincolnshire
Council**