



2022/2023						
	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Gymnastics: Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Gymnastics Fundamentals Yoga	Dance Fitness	Ball Skills Sending and Receiving	Target Games Invasion	Athletics Team Building Net and Wall	Athletics Striking and Fielding
Year 2	Gymnastics Fundamentals Yoga	Dance Fitness	Ball Skills Sending and Receiving	Target Games Team Building Invasion	Athletics Net and Wall	Striking and Fielding Athletics
Year 3	Gymnastics Ball Skills Y3/4 Fundamentals	Dance Fitness Basketball	OAA Netball	Football Handball Yoga	Athletics Tag Rugby	Rounders Tennis Athletics
Year 4	Gymnastics Ball Skills Y3/4 Fundamentals	Dance Fitness Basketball	OAA Netball	Football Handball Swimming	Athletics Tag Rugby Yoga	Rounders Tennis Athletics
Year 5	Football Dance Fitness	Gymnastics Basketball	OAA Netball Dodgeball	Tag Rugby Yoga Badminton Y5/6	Athletics Cricket	Rounders Tennis Athletics
Year 6	Football Dance Fitness	Gymnastics Basketball	OAA Netball Dodgeball	Tag Rugby Yoga Badminton Y5/6	Swimming Athletics Cricket	Rounders Tennis Swimming Athletics