Supporting Children's Emotional Well Being

FREE Supporting Your Child's Anxiety Workshop

Tuesday 23rd May 2023
3.30pm – 5.30pm
Lincoln Gardens Primary School
Scunthorpe DN16 2ED

Come and join us for a FREE two hour workshop and learn how to identify and support your children's anxiety and emotional health.
You will learn strategies and techniques on how you can manage your own, and your child's anxiety effectively, also sharing ideas on how to develop your children's resilience and self-esteem.

TO BOOK YOUR PLACE OR FOR MORE INFORMATION

Visit our website
www.northlincsadulteducation.co.uk

Telephone
01724 297146

E-mail
nlacl.enquiries@northlincs.gov.uk

Terms & Conditions
Places are limited, please book ASAP to avoid disappointment.

This course has been provided to your school for free, but this has been funded by NLC Adult Education, Community & Family Learning

Courses are FREE subject to completion of our enrolment form and evaluation form.

Words count in North Lincolnshire

Dolly Parton's Imagination Library

North Lincolnshire Council