



## WEEK 1

W/C: 22/01, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Beef Bolognese → →</b> Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
HOT SP	Stir Fried Vegetable Rice <b>⊘</b> 🐲 🤫	<b>Vegetarian Burger ⊚</b> Served with Potato Wedges	<b>Vegetable Pastry Roll ⊙</b> Served with Mashed Potato and Gravy	<b>Vegetarian Bolognese ⊘ ॐ ॐ</b> Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets ⊘</b> Served with Chips
JACKET	<b>Jacket Potatoes ♥ 0</b> with a choice of hot and cold fillings	<b>Jacket Potatoes ॐ ②</b> with a choice of hot and cold fillings, including Salmon Mayonnaise <b>≫</b>	<b>Jacket Potatoes ® ©</b> with a choice of hot and cold fillings	<b>Jacket Potatoes ॐ ⊙</b> with a choice of hot and cold fillings	<b>Jacket Potatoes ॐ ♡</b> with a choice of hot and cold filling
		Tomato Pasta Fresh, l	nomemade tomato and basil sauce with pen	ne pasta 🔻 🍇	
		All main	meals are served with two vegetable	es -	
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit	Carrot, Orange and Sultana Slice ð	Original Flapjack	Vanilla Ice Cream
e		CH AVAILABLE ich available daily with veg	VAILABLE EVERY DAY	V Vegetarian 🖄 🤇	Dily Fish 🐲 Wholegrain





## WEEK 2

W/C: 08/01, 29/01, 19/02, 11/03

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Cheese and Tomato Pizza o 😻 Sweet and Sour Chicken \*\* \*\* **Roast Beef Pork Sausage Breaded Fish Fingers** HOT SPECIALS Served with Potato Wedges Served with Wholegrain Rice Served with Roast Potatoes and Gravy served with Mashed Potato and Gravy Served with Chips UTUMN/WINTER 202 Cheesy Leek and Carrot Crumble @ Vegetarian Sausage Pasta Bake \* Vegetarian Cottage Pie 🛛 🧇 Macaroni Cheese Crispy Quorn Nuggets o Served with Gravy Served with Chips Served with Roast Potatoes and Gravy Served with Garlic and Herb Bread JACKET Jacket Potatoes 🤫 💿 Jacket Potatoes 🤫 🚳 Jacket Potatoes 🤫 🚳 Jacket Potatoes 🧇 👩 Jacket Potatoes 🤫 👩 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 🐲 All main meals are served with two vegetables Apple Crumble with Custard à **Crunchy Chocolate Biscuit** Chocolate and Vanilla Marble Cake Chocolate Shortbread with Fruit & **Strawberry Ice Cream PACKED LUNCH AVAILABLE AVAILABLE EVERY DAY** Vegetarian 🔊 Oily Fish 🗱 Wholegrain Ham and Cheese sandwich available daily with veg Water, salad, freshly baked bread, sticks and fresh fruit or dessert of the day Fruity! W Nutritionist's Choice yoghurt & fresh fruit





## WEEK 3

W/C: 15/01, 05/02, 26/02, 18/03

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Cheese and Tomato Pizza o 😻 Beef Lasaane 🐲 🤫 **Roast Pork** Chicken and Vegetable Korma \*\* \* **Southern Fried Chicken** HOT SPECIALS Served with Potato Wedges Served with Garlic and Herb Bread Served with Roast Potatoes and Gravy Served with Wholegrain Rice Served with Chips UTUMN/WINTER 202 Chilli No Carne with Crispy Tortilla **Sweet Potato and Chickpea Roast** Crispy Quorn Nuggets @ Cauliflower Macaroni Cheese @ \*\* Served with Garlic and Herb Bread Served with Wholegrain Rice Served with Chips Served with Wholegrain Rice Served with Roast Potatoes and Gravy JACKET Jacket Potatoes 🤫 💿 Jacket Potatoes 🤫 🔉 Jacket Potatoes 🤫 💿 Jacket Potatoes 🤫 🚳 Jacket Potatoes 🤫 👩 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🔻 🐲 All main meals are served with two vegetables Chocolate Ice Cream with **Raspberry Yoghurt Cake** Orange Shortbread with Fruit & **Vanilla Sponge with Custard** Banana Cake & **Shortbread Biscuit PACKED LUNCH AVAILABLE AVAILABLE EVERY DAY** Vegetarian 🔊 Oily Fish 🗱 Wholegrain Ham and Cheese sandwich available daily with veg Water, salad, freshly baked bread, sticks and fresh fruit or dessert of the day Fruity! W Nutritionist's Choice yoghurt & fresh fruit